

## THE TIMES DAILY MAGAZINE PAGE

## Easy to Take Out Spots If You Know

Lady Macbeth's Dramatic Plea Followed By Countless More Modern Information Seekers Leads Mrs. Frederick to Give Useful Recipes For Removing Stains and Blots.

By MRS. CHRISTINE FREDERICK.

WHEN Lady Macbeth uttered her dramatic request, we have only Shakespeare's her press agent to assure us that she was not speaking of an ink stain on her latest Paris blouse.

Having answered no less than twenty letters during the past week, beginning, "What will take out— I am moved to offer, in spite of the hackneyedness of the subject, a few simple remedies for taking out spots large and small, carmine and otherwise."

**Coffee and Fruit Stains.**  
Spray stained surface of the cloth over bowl or tub. Pour boiling water through the stained part of the cloth. Pour the water from a height so as to strike the stain with force.

**Chocolate and Tea Stains.**  
Sprinkle with borax and soak in cold water.

**Grease Spots.**  
1. Soften old grease spots with turpentine, oil or lard before washing the cloth.

2. Dissolve the grease in benzine, alcohol, chloroform or ether.

3. Apply a paste of fuller's earth or chalk to absorb grease.

**Ink.**  
1. If the stain is fresh, soak the stained portion of the cloth in milk. Use fresh milk as the old becomes discolored.

2. Wet the stain with cold water. Apply a 10 per cent solution of oxalic acid to stain, let stand a few minutes, and rinse.

3. Repeat until the stain disappears. Rinse in water to which borax or ammonia has been added.

4. Jewels washed with hydrochloric acid will remove some ink stains. Wet the stained part with borax and water, or ammonia, and apply a 10 per cent solution of hydrochloric acid, drop by drop, until the stain begins to disappear.

5. Dip at once into alkaline water. If the stain does not disappear, add more acid and rinse again. After the stain is removed, wash with ammonia, which may injure the delicate fabric. Use dilute acid as used if the operator is skillful.

**Mildew.**  
Mildew is very difficult to remove if of long standing.

1. Wet stains with lemon juice and expose to sun.

2. Wet with paste made with one tablespoon starch, juice of one lemon, soft soap, and salt, and expose to the action of the sun.

3. Treat with paste made of powdered chalk and expose to the action of the sun.

**Medicine Stains.**  
Soak in alcohol. To remove vaseline stain, wash in turpentine. Boiling sets this stain.

**Paint.**  
1. Wet the spot with turpentine, benzine, or alcohol. It stands a few minutes. Wet again and sponge or pat with a clean cloth. Continue until stain disappears.

2. For delicate colors, treat with chloroform.

3. If the paint is old it may take some time to soften. Treat old paint stains with equal parts of ammonia and turpentine.

**Scorch.**  
Scorched fabrics can be restored if the threads are uninjured.

Extract juice of two onions, add one cup vinegar, two ounces fuller's earth, and half an ounce of soap. Boil, spread paste over scorched surface. Let it dry in sun. Wash out thoroughly.

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## Seen In the Markets

AS a general thing, marketing has been a bit more expensive than during July. In spite of the fact that many vegetables are coming in from the Eastern Shore and some of the truck farms nearer Washington, the cheapness of their tomatoes, potatoes, and squash has been overbalanced by the increase in the price of fruit shipped here from more distant points.

Take lemons, for example. It wasn't so long ago that they sold for 10 cents a dozen, but they rose to 15 cents, though lemon merchants who ply their trade alone persistently kept their wares at 15 cents a dozen. Now they are 25 cents a dozen, and 20 if bought from the men in the street. There is every prospect that they will rise higher. In New York they have been selling for 30 cents a dozen for the past two weeks, a price almost extortionate for this time of the year.

At least three varieties of plums are to be had nowadays. These are the blue, the red, and the green. It is a matter of personal preference which is to be chosen, though the flavor of the blue seems more popular. Any of these is selling at 10 cents a box containing six.

Many people sneer at bologna as being a poor man's food. They can scarcely do so now, for the price is 40 cents.

If a large quantity of olives is desired, it is cheaper to buy them in bulk. Stuffed olives are 35 cents a quart, and large queen olives 30 cents. These will keep fairly well if put in a strong brine.

Bananas of exceedingly small size are 20 cents a dozen.

Pears are still expensive. Hothouse fruit, carefully wrapped, may be had for 5 cents each, or 20 cents for a box containing six or seven.

Corn is 15 cents a dozen. The Country Gentleman variety is slightly more expensive.

## Nagging Worst of Ways to Teach

By LAURA CLAWSON.

"W HAT shall I do, Laura?" asked one of my old friends in despair. "I have tried reminding, I have tried punishing, I have tried coaxing, and nothing seems to do any good! He will not talk slowly, so that people can understand him! If I stop him, and make him repeat what he is trying to say, he gets stubborn and we have a scene, or he looks so hurt that I am sorry I began the discussion. His father says that must be corrected, and I am doing my best."

She was, poor lady, but without accomplishing one thing. For the sad truth is that she was nagging her little boy until he was beginning to be ill. Children are only human, and while they must be reminded somewhat often, it is so unfair to take advantage of them by constantly taking the joy out of life!

I know a charming girl who in moments of excitement still says "horribly." She confessed to me one day that she had been hectoring so as a child about this defect until life was a burden.

"I used to keep still and refuse to answer the simplest questions until I could think up an excuse which I could say without calling attention to my lips," she said.

Ridicule is a dangerous weapon in any case, and the most dangerous of all to employ in correcting a negative child.

I asked a child specialist about this point, and this was the answer I received:

"In the first instance, a mother should be convinced that the trouble with the child's speech is not caused by some organic defect. A visit to a throat specialist will often bring to light the fact that a defective or disordered organ is responsible."

Again, nervous children are especially prone to form habits very early of quick, hurried speech which can easily be corrected by a few lessons of good English teacher.

I am beginning to feel that while in the mother is the proper person to correct such tricks of speech, very much more may be accomplished in a shorter time by some person who is not in constant contact with the child.

Exercises in the form of play given by a trained voice expert, or by some relative who is not so almost constantly in contact with the child, will do wonders sometimes, when mothers have failed.

Nagging is the very last thing to do anything. It makes the child over-sensitive. There is today a dearth of information on the subject; we know more about children than we used to, and we know that almost any defect of speech may be corrected if taken in time and a wise method employed.

It is the duty of every mother to see that her child learns to speak as plainly as possible, at a reasonable age. There is no information she may obtain on the subject, and it is her duty to get it.

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## RECIPES

**Cabbage With Cream.**  
1 medium sized cabbage.  
4 tablespoons of butter.  
2 tablespoons of flour.  
1 cup of rich milk.  
1/4 cup of grated cheese.

Cook a medium sized cabbage in an open kettle until tender. Drain and lay in a buttered baking dish, pour over it a sauce made of four tablespoons of butter, two of flour, and a cup of rich milk, and a half cup of grated cheese, and pour over the cabbage, set in the oven to get hot and serve at once.

**Mushroom Spaghetti.**  
1 cup of boiled spaghetti.  
1/4 cup of mushrooms.  
1 cup of milk.  
1 tablespoon of butter.  
4 well-beaten eggs.  
1 teaspoon of salt.  
1 teaspoon of chopped parsley.

The mushrooms are mixed with melted butter in a saucepan and cooked for four or five minutes, then the milk and spaghetti are added and cooked very slowly until they simmer, when the beaten eggs, salt and parsley are added. The mixture is then stirred until it is thick. It is then poured on toast and served hot.

**Corn Relish.**  
2 dozen ears of corn.  
6 large white onions.  
1 large head of cabbage.  
8 small red peppers.  
1/2 cup of sugar.  
1/4 cup of vinegar.  
1/4 cup of salt.  
1 heaping tablespoons of ground mustard.  
2 tablespoons of celery seed.  
Take a sharp knife and, after husk-

## Woman's Party Leader to Trail Campaigner Through the West

Mrs. Abby Scott Baker, of the Congressional Union and the Woman's Party, is Laying Plans for Pursuing Dudley Field Malone Through His Western Campaign.

She is Going to Speak to Western Women Particularly, and Her Subject Will Be, Of Course, Suffrage. She Will Follow the Trail He Takes Through Suffrage States.

DUDLEY FIELD MALONE is going a-campaigning for President Wilson this fall.

And wherever he goes, Mrs. Abby Scott Baker will follow. It's the story of Mary and her little lamb all over again, though Mr. Malone may be an unwilling Mary, and Mrs. Baker's suffrage campaign promises to be anything but lamblike.

The idea is simply this. Mr. Malone will go West to do speech-making for the Democrats. Mrs. Baker will also go West to do speech-making for the Woman's Party. Much of his campaigning is to be done in suffrage States. There will be, no doubt, many women voters in the audiences Mr. Malone will address.

It is Mrs. Baker's idea to follow the trail blazed by the New York collector of the port, and present the Woman's Party point of view to the women of the West.

Mrs. Baker is an experienced campaigner, and since the organization of the Woman's Party, which has pledged its support to no candidate, has been acting as chairman of the press committee, as well as serving on the legislative board.

ing, shave the corn from the cobs. Chop cabbage, onions and peppers. Mix mustard with one pint vinegar and mix all the other ingredients. Then place the latter mixture of all the ingredients into a kettle and boil them twenty minutes, stirring all the time. Now add mustard and vinegar mixture, bring once more to the boiling point, place in bottles and seal while hot. This relish is a fine accompaniment to cold meats.

**No Change in Either**

They had parted long years ago. Now, in the deepening shadows of the twilight, they had met again.

"Here is the old lady, Mary," he said. "As you were our initials that you carried, Sandy," she replied.

The ensuing silence was broken only by the buzzing of an aeroplane overhead. Honey-laden memories thrilled through the twilight and flushed their glowing cheeks.

"Ah, Mary," exclaimed Sandy, "you're just beautiful as ye ever were, and I have never forgotten ye, my bonnie lass."

"And ye, Sandy," she cried while her blue eyes moistened, "are just as big a leaver as ever, an' I believe ye just the same."—London Tit-Bits.

## Times Pattern Service



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MRS. ABBY SCOTT BAKER.

Who Will Have a Western Campaign of Her Own as a Representative of the Woman's Party. She Is Press Chairman of Her Organization—Note Typewriter.

Just at present she is keeping house for the Congressional Union, while the rest of its militant leaders are busy going to conventions and deciding how they will sway the woman's vote this fall.

Mrs. Baker thinks that Mr. Malone will have a hard time in dealing with the suffrage issue when he comes to speak to women who have had experience in using the ballot. She believes that it will be the weak point in his work.

She's scheming to take advantage of that weak point by running a pet campaign of her own.

"The plans of Chairman Vance McCormick include a campaign for the Western women's votes," she said. "Now Dudley Field Malone talked on June 6 to 1,500 women voters assembled at the first convention of the Woman's Party. Mr. Malone talked most eloquently, but he left out any reference to woman suffrage."

And Mrs. Abby Scott Baker doesn't propose that suffrage should be thus callously omitted!

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## Breast-Fed Babies Rarely Die of Summer Complaint And Are the Healthiest

By DR. LEONARD KEENE HIRSBERG.

OVERWORKED mothers frequently do not read newspapers and magazines, and thus receive the instruction that would lessen their burdens, their expenses, and their misery in the raising of children.

Summer diarrhoea of babies is a notable proof of this. It kills the darling little ones of the mothers who most rarely read and learn from newspapers and magazines. It blights the lives of infants of foreign-born mothers, of those who live in aqualor and filth, poverty and indifference.

Fourteen per cent of this dread scourge of babyhood occurs in infants under six months of age, nearly 50 per cent more before the baby's first summer. 21 per cent in the second summer; 17 per cent fall ill before they are two years old, and 16 per cent after two years. These are the figures compiled from the experience of 3,000 babies who were victims of summer diarrhoea, which is also called cholera infantum, gastro-intestinal inflammation, "ca-tarrh" of the bowels, mycotic diarrhoea, gastro-enteritis, summer complaint, loose bowels, dysentery, "auto-intoxication," and a host of other things.

The Price of Neglect.

In the last ten years, in one big American city, over 25,000 babies under five years of age were entered at one dispensary in July, August, and September, suffering with these dysenteries. Nearly all of them were bottle babies. Relatively few infants nursing at the breast suffered with this malignant intestinal malady.

The vicious destroyer of babies is not, however, confined to cities. While it is more likely to assail the youngsters reared on bottles and from milk that is not of the germ-proof kind, severe and even fatal examples of the disease are constantly encountered among all classes and in all places.

The seriousness of the malady is generally increased in babies that are neglected or left alone an hour at a time when the mother is out, and the infants are left befoiled even for a few minutes.

Difficult as it is to remove the false belief that the infant can nurse loose bowels, this fact cannot be repeated too often. Denial or teasing is another of those antediluvian scapegoats.

What Every Baby Needs.

Of 1,943 deaths from loose bowels, which Prof. Holt recorded, only 3 per cent were exclusively breast-fed. Nursing infants rarely die of diarrhoea diseases.

The poor mothers in dirty neighborhoods are wont to nurse their youngsters wholly on cow milk, and more. Little children of the poor are free from serious or deadly summer complaint as long as they are nursed at the breast. When they are weaned, they are given a taste of this or that indigestible food or drink, dangerous dysenteries start up like specters.

When bottle cow milk is substituted for mother's human milk, foolish, rash, negligent and ignorant mothers fail to realize that the milk contains nearly 100 differences in the composition of the brute's milk as compared with the human product. The guilt in quality between the two is so great that when not fully appreciated, or if ignored, it causes physical disorders. Human milk, before air,

to call at his headquarters. General Joffre told Miss Gassette he was especially glad to "take this opportunity of expressing his gratitude for the personal services of American women."

Miss Gassette has contributed so many ingenious solutions to give rest and ease to wounded soldiers that she has been asked by French surgeons to write a text book on the subject. She will illustrate the book with her own drawings.

Ignorance may be bliss, but most girls would gladly exchange it for the thrill of the first real heartache.

Most men look upon marriage as a sort of work room, where they can check a woman and leave her until the fun is over and they are ready to go home.

When a man tells another something that isn't so, it's a "lie," but when he tells it to a woman, it's merely "expediency."

If the average man could remain as cool and unmoved in the face of woman's smiles as he does in the face of her tears, one would feel just like immortalizing him.

If a woman is easily kissed it is apt to put an end to a man's intentions, and if she isn't it is apt to put an end to his attentions. So what can a poor girl do?

A wife is the bread and meat of life; but, alas, it takes so many relishes, entrees, and side dishes to satisfy a man's sentimental hunger and give the love feast piquancy.

(Copyright, 1916.)

**American Woman At French War Headquarters.**

The first American woman to be presented to General Joffre at his headquarters is Miss Grace Gassette, Chicago artist. Learning that Miss Gassette was in the military zone introducing a new surgical bandage, the French commander-in-chief invited her to his headquarters.

**Like an Open Book For Young Mothers!**

Most women look upon becoming a mother, for the first time, as something full of unknown mysteries; a go-by and pain; a time of distressing days and months. These are misjudged conclusions. "Mother's Friend," used daily before confinement, will prove its great value as an ally to those distressing pains and assist nature in doing its work with ease and comfort. Get "Mother's Friend" at your drug-get.

The young mother should become acquainted with the information contained in a book on Motherhood that will be mailed free to all who write.

Address The Bradford Regulator Co., 211 Lamar Bldg., Atlanta, Ga.

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## Answers to Health Questions

X. X. X.—Please advise a treatment for high blood pressure.

The blood pressure is ascertained by little instruments. Your age plus 100 gives you your blood pressure roughly. When higher than normal obtain lots of sleep and rest. Do not overeat of sleep and rest. Keep the intestines active. Taboo hot dishes, salt, pepper, condiments, seasonings, rich foods, nuts, peas, and beans. Be massaged daily. Drink plenty of water, lots of fresh milk and cream. Take a Bulgarian tablet with your meals. Take one-half grain of nitrite of soda in water every four hours.

Suffering Job—My two children and I have been suffering for some time with ulcerated mouths. Almost every remedy has been tried but without any relief. Please advise something to help us.

These are traceable to overfeeding, constipation, disordered stomach or intestinal, infected tonsils, decayed teeth and the like. A mouth wash of glycerine and alum water may be used. Clean the teeth after each meal with some powder, powdered quicklime, or bicarbonate of soda before meals and keep the bowels active.

G. R.—Please tell me what will remove a thin growth of hair from my upper lip.

Almost any method is temporary and to be repeated. Take sodium sulphide, 1 dram; powdered quicklime, 5 drams; crushed starch, 3/4 dram. When you are ready to use this take enough distilled water to make it into a paste. Put this on with a stick to the growth of hair. Allow it to remain five or ten minutes, but test it at intervals. As soon as the hair is gone, just wash it off quickly and massage quinine seed jelly, sea salts, and glycerine, one part, into the reddened spot for three minutes to lessen the irritation.

The Chaperon

Dear Chaperon: I am engaged to a young man in a distant city. Is it proper for me to go around with my friends, if I have no objections?

I DON'T see where distance should make any difference with your behavior while your fiancé is away.

Indeed, you should act while he is out of town as you would were he living where he could see you every day.

Apply the situation to him. Would you like to know that he was going around with other girls just because he happened to be living in a different city?

There is always the chance that if you get used to going around with a number of young men you will be disappointed when it comes to settling down to your husband.

These ideas of mine may not meet with your approval at all, but you asked for my opinion and here it is.

The Chaperon: I am a young man nineteen years of age, and have just come to this city, and am employed in a Government service. I am a perfect stranger here, and would like to meet some nice girl. Can you advise me how to get acquainted?

There are no girls working in your department? It is possible that you work in one of the departments that has a club; if so, why don't you join? There would be opened to you the opportunity of meeting any number of pleasant girls.

Another way of meeting people is by joining a class at one of the dancing academies. You would be properly introduced to some girls, and might meet several whom you would care to know better.

The Chaperon will answer questions of interest to readers of this paper. They should be addressed to her, care of this office.

Anger is the most impotent passion that accompanies the ruin of man; it effects nothing it goes about, and hurts the man who is possessed by it more than any other against whom it is directed.—CLARENDON.

**Acid Stomachs Are Dangerous**

Nine-Tenths of All Stomach Trouble Due to Acidity, Says New York Physician.

A well